

## **The Challenging Nonadherent Patient: Theoretical and Clinical Considerations**

The goal of this workshop is to illustrate how a specific technical approach applies to the work with non-adherent patients. Clinical material will be used to demonstrate how one can focus on understanding nuanced emotional states and dominant.

Learning objectives of the educational activity:

1. Participants will be able to understand and describe the etiological factors leading up to nonadherence.
2. Participants will be able to identify two unconscious motivations underlying non-adherence.
3. Participants will be able to understand and describe how defenses function in the narcissistic personality and how this gets represented and manifests in non-adherent behaviors.
4. Participants will be able to name a type of interventions that has proven to be effective in decreasing non-adherent behaviors.

CE Credits: 2

Contact Hours: 2

Cost: \$?

If you have an interest in attending this workshop, please contact me.