

The Challenging Nonadherent Child and Adolescent: Theoretical and Clinical Considerations

This workshop is designed to offer a theoretical framework and clinical techniques to social workers who work directly with children and adolescents who are struggling to follow the rules. The origins of oppositional, defiant, or argumentative behaviors will be explored closely. Clinical material from both workshop participants and Dr. Mazzella will be used to illustrate specific interventions and techniques that one can use to help the child build self-confidence and accept narcissistic disappointments.

Learning objectives of the educational activity:

1. Participants will be able to understand and describe the etiological factors leading up to oppositional and defiant behavior.
2. Participants will be able to identify two unconscious motivations underlying these behaviors.
3. Participants will be able to name two types of interventions that have proven to be effective in decreasing oppositional behaviors.
4. Participants will be able to describe the role self-esteem plays in oppositional behaviors.

CE Credits: 2

Contact Hours:

2 Cost: \$80

If you have an interest in attending this workshop, please contact me.